Next Round of ECHO Grant Applications

The next round for Qualistar’s ECHO (Early Childhood Health Outdoors) grant opens on January 8th. Applications will be available on their website, qualistar.org/capital-improvement-grants/.

Recipients receive:
- $10,000 for outdoor spaces
- Professional landscape design assistance
- Ongoing training and professional development
- Hands-on support to help naturalize your outdoor learning environment

As a demonstration site, you will also host open houses to showcase your new outdoor classroom for the public!

What Happens To My Rating If I Change My License Number?

Colorado Shines Quality Ratings are tied to your program’s license number. If your license number changes, your rating Level 2-5 will expire with the previous license. An appeal can be requested and will be handled on a case by case basis.

If your program moves locations, your rating will also expire as the rating has a determination based on the program’s physical space.

In either case, your program can apply for a Level 2 and 3-5 as soon as you are ready under your new license number.

If you have additional questions about this process, please contact Robin Pennington at rpennington@ecbouldercounty.org or 303-895-3430.

Quality Improvement Opportunities

*Receive professional development clock hours towards your Professional Credential 2.0.

Upcoming Quality Nights

JANUARY 22, 2018
Inspiring Quality Top to Bottom
Register here beginning January 1.

FEBRUARY 26, 2018
Shaping Intentional Curriculum
Register here beginning February 1.
6:00-8:00pm | Aspinwall @ Josephine Commons Community Building
$10 or FREE with current MOU

Rocky Mountain Early Childhood Conference
MARCH 16 + 17, 2018
Early Bird Registration is now available for a limited time only! For registration and session information, please visit the RMECC website, RMECconference.com.

This year’s conference is also offering a workshop track focused on Inclusive Practices and Multicultural Principles, with several sessions available in Spanish!
1,000 Ways We Care: Little Connections, Lifelong Foundations

See a few examples of the 1,000 ways to care

0-4 months
- Talk to your baby about everything; describe what you are doing and how are you feeling.
- Play peek-a-boo.

Materials Corner: Indoor movement for those snowy days!

Preschool 3+ years
Material: Gross Motor Activity Mats
ECERS: 7. Space for gross motor play—5.1 Some space indoors for gross motor play; 8. Gross motor equipment—5.2 Equipment stimulates a variety of skills.

Toddler 18 mos-3 years
Material: Tunnels
ITERS: 16. Active physical play—3.1 Open space provided indoors for active physical play; 5.3 Ample materials and equipment for physical activity.
ELDG: 2. Gross Motor: The developing ability to move the large muscles;
4. Health: The maintenance of healthy and age-appropriate physical well-being.

FCCRS: 26. Active physical play—5.3 Ample materials/equipment to keep children active and interested.

1,000 Ways We Care: Little Connections, Lifelong Foundations

Children’s Hospital Colorado and Kohl’s Cares have partnered on the 1,000 Ways We Care campaign to highlight how responding to infants and toddlers helps to build brain connections.

This is a wonderful resource to share with families with young children to inspire them and remind them of the thousands of ways we can connect with babies every day.

Visit their website, https://www.childrenscolorado.org/conditions-and-advice/1000-ways-we-care/, for more information and to download their pamphlet for your families!

*Earn points for Colorado Shines documentation indicator 2.2—Materials offered for all families.

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Office of Early Childhood:
cdhs_oec_communications@state.co.us
800-799-5876

Colorado Shines Support:
cdhs_coshines@state.co.us
pdishelp@cde.state.co.us
844-447-4441
M-F 8:30am-5pm

News

Colorado Shines QI Awards Increased by 50%
The Office of Early Childhood is honoring the early adopters of Colorado Shines Quality Improvement funding (if you have a current MOU with ECCBC, that is you!) with a one-time increase of 50% to your original award. See page 2 for more information and two additional quality funding opportunities!

Upcoming Quality Nights
Have you joined us for a Quality Night yet? Receive 2 clock hours for a fun evening with friends.
- March 19
  Promoting Your Early Childhood Program
  To register: https://goo.gl/Bz5ZCc
- April 23
  Envisioning Your Learning Environment
  Register at the same link beginning Mar 20.

Quality Improvement Opportunities

*Receive professional development clock hours toward your Professional Credential 2.0.

FLIP IT Social-Emotional Training
Attend this training on April 7 on the FLIP IT strategy for addressing challenging behavior and supporting social emotional development. Cost is $25/person and receive 6 hours toward professional development hours, plus 2 extra points for attending an all-day training on high needs (e.g., social emotional). Register here: http://goo.gl/ghazFr

*Earn points for Colorado Shines documentation indicators 1.1-1.12—EC Professional Credential requirements.

Cooking Matters for Child Care Professionals
This FREE professional development training teaches early care and education professionals about healthy meal preparation and how to create a positive food environment for children in their care. For more information and to register, visit www.CookingMattersColorado.Eventbrite.com.

*Receive points for Colorado Shines documentation indicator 5.6—Program offers nutrition education programs.

ZERO TO THREE’s Annual Conference Is Coming to Denver
Registration Opens April 3!
ZERO TO THREE’s Annual Conference 2018 will be held October 3-5, 2018, in Denver. It is your destination for professional and personal growth. With a vast array of outstanding speakers and sessions, this exceptional event will expand your horizons and raise your expectations. Visit annualconference.zerotothree.org for more information and to register on April 3!

PDIS Training on ELDGs
In case you missed February’s Quality Night on the Early Learning & Development Guidelines, check out the new Level 2 Training on PDIS! You’ll receive an overview of the ELDGs and an introduction on how to use the guidelines to support children’s growth.

Congratulations on your Colorado Shines Rating!
LEVEL 3
Kerry Stewart
Superior

Take a Break Quality Child Care
Lafayette

LEVEL 4
YWCA Children’s Alley
Boulder

News from the Quality Improvement Program MAR/APR 2018 VOLUME 2, ISSUE 2
New Quality Improvement Opportunities!

Colorado Shines QI Grant Applications
Programs must have a Colorado Shines Level 2 or higher and have an active CCCAP fiscal agreement to be eligible. To apply, visit your QRIS page, complete the Application tab and complete the grant application under the Quality Improvement tab, on the QI Incentives page. If you do not have a QI MOU with ECCBC, there is a limited opportunity to participate before March 16. Please contact the QI Team with any questions.

If you have a current MOU with ECCBC, you may also apply for:

Infant/Toddler Capital Improvement Grant
For a very short time only, Colorado Shines QI Capital funds are available to support programs that serve infants and toddlers for minor remodeling to upgrade child care facilities that meet state and local child care standards, including applicable health and safety requirements. Requests for more than $7,500 will not be considered. Awards are limited, so please contact the QI Team by Friday, March 16 to schedule a consultation. You must be prepared to provide a breakdown of requested funds, a comprehensive description of the project plan, and a minimum of three bids from licensed, bonded, and insured contractors/vendors by the end of the month.

Temporary Teacher Request
For a short time only, Colorado Shines QI Temporary Teacher Request funds are available to support programs that serve infants, toddlers, and preschoolers for hiring of classroom substitutes or other temporary teachers. Requests for more than $500 will not be considered. Be prepared with the amount needed, anticipated length of time for the temporary teacher, and a detailed description of the need for the teacher. Awards are limited, so please contact the QI Team by Friday, April 20 to schedule a consultation.

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Materials Corner: Cooking Matters! Start teaching healthy habits early

Preschool 3+ years
Material: Fruit & Vegetable Cut-Ups
ECERS: 24. Dramatic play—3.1 Play materials accessible so children can act out family roles; 5.1 Many dramatic play materials accessible.
ELDG: Physical Development & Health—2. Health Knowledge & Practice: The understanding of healthy and safe habits and practicing healthy habits.

Toddler 18 mos-3 years
Material: Toddler-Safe Food Basket
FCCRS: 20. Many and varied appropriate dramatic play materials accessible for each age group.
News

New OEC Mental Health Resources Page

Just as we care for children’s physical health, we must also take care of their mental health by supporting their social-emotional development. By helping children learn these skills, you can build stronger relationships with children and families, and reduce challenging behavior. Check out the new resource page to:

* Educate yourself and your staff about early childhood mental health
* Get tips on how to support healthy social-emotional development
* Support communication and outreach to families

Visit the OEC website at coloradoofficeofearlychildhood.com, then click on “For Partners” and “Supporting Social-Emotional Development.”

Upcoming ECE Conferences in Colorado

5th Annual Early Childhood Summit
June 21-22, 2018 | Keystone
https://drive.google.com/file/d/0B_pVWY1CYHXbdUlwUE1HeU1ManhtcnRnNWpFLVBVejZraWJ/view

COAEYC Fall Conference
September 22, 2018 | Durango
http://www.coloradoaeyc.org/

Strengthening Colorado Families and Communities Conference
September 26-28, 2018 | Vail
https://www.illuminatecolorado.org/sfconf2018/

ZERO TO THREE Annual Conference
October 3-5, 2018 | Denver
http://annualconference.zerotothree.org

Quality Improvement Opportunities

*Receive professional development clock hours toward your Professional Credential 2.0.

Upcoming Quality Nights

Have you joined us for a Quality Night yet? Receive 2 clock hours for a fun evening with friends.

May 21
Applying Best Practices for Child Health Promotion
To register: https://goo.gl/Bz5ZCc

June 25
TBD
Register at the same link beginning May 22.

FLIP IT Social-Emotional Training
June 9
Attend this training on the FLIP IT strategy for addressing challenging behavior and supporting social-emotional development. Cost is $25/person and receive 6 hours toward professional development hours, plus 2 extra points for attending an all-day training on high needs (e.g., social-emotional).

To register: http://goo.gl/ghaz1r

Congrats on your Colorado Shines Rating!

LEVEL 3
The Longmont Cottage School
Longmont

LEVEL 4
Child Learning Center
Boulder

LEVEL 5
Third Avenue Preschool
Susan Callaghan
Longmont

* Boulder County’s first Level 5 family child care provider!
Materials Corner: Build your outdoor classroom!

Preschool 3+ years
Material: Natural Cedar Log Steps
ECERS: 8. Gross motor equipment—5.2 Equipment stimulates a variety of skills.

Infants/Toddler 0-3 years
Material: Outdoor Art Panel
ITERS: 15. Fine motor—5.1 Many and varied appropriate fine motor materials accessible for much of the day. 17. Art—5.1 Art offered to toddlers based on children’s abilities; 5.2 Individual expression encouraged.
ELDG: Physical Development & Health—3. Fine motor: The developing ability to move the small muscles.

ECHO Initiative Supports Outdoor Classrooms

An excerpt from the Chalkbeat article, “Less plastic, more trees: New effort seeks to reinvent preschool playgrounds and capture kids’ imaginations,” by Ann Schimke. Read the full article at chalkbeat.org.

Michelle Dalbotten, the energetic director of a Northglenn child care center called Step by Step, doesn’t like her playground. Sure, it’s spacious, with a high privacy fence bordering an adjacent strip mall parking lot. It’s also got a brightly colored play structure surrounded by lots of spongy rubber mulch…

Something about it just doesn’t work.

Recently, Dalbotten found a solution in the form of a new grant program called the ECHO initiative, which aims to reinvent more than 100 preschool and child care playgrounds across Colorado over the next few years. Think mud kitchens, looping tricycle trails, vegetable gardens, stages, shady reading nooks and dump truck construction zones.

The idea is to create outdoor spaces that capture kids’ imagination, connect them with nature and keep them active in every season. Such efforts grow out of a recognition in the education field that healthy habits start early and boost learning…

Such transformations can have a big impact on children who may spend thousands of hours a year at such centers, said Nilda Cosco, director of programs at the Natural Learning Initiative.

“When we do a renovation of the outdoor learning environments as we call them — not playgrounds — we see increased physical activity … more social interactions among children … less altercations,” she said…

Visit qualistar.org to apply or nwf.org/echo to learn more!

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pdishelp@cde.state.co.us
844-447-4441
M-F 8:30am-5pm
News

Introduction to First Aid and CPR—Now Available in Spanish
As part of the ongoing effort to accommodate all programs and providers, the Office of Early Childhood is now offering an online Spanish version of Introduction to First Aid and CPR. This course, ‘Introduccion a primeros auxilios y RCP,’ is available for free on the Colorado Shines PDIS. This is a 1 hour Pre-Service and Orientation course. This course is a high-level orientation only. Participants will not be certified in First Aid or CPR by taking this course.

Next Request for ECHO Demonstration Sites
The next round of applications to become an ECHO Demonstration Site is now open! This initiative includes grants, training, and landscape design assistance. Visit Qualistar (https://qualistar.org/capital-improvement-grants/) for more information!

New ERS Notes for Clarification
The latest Notes for Clarification for the ITERS-R, ECERS-R, and FCCERS-R tools are available and effective as of July 1, 2018. Please find these notes on the Clayton website (http://www.claytonearlylearning.org/training-professional-development/courses-workshops/ers-tools.html) and add to all of your ERS books in use!

Quality Improvement Opportunities

Adult Mental Health First Aid
July 10 & 11, 5:30-9:30pm or July 21, 8:00am-5:00pm
This course teaches you to recognize signs and symptoms of mental health-related challenges and teaches the steps to take to provide help. Participants will come away with the skills and tools needed to offer help to others and increase their personal knowledge.
For more information and to register: https://www.longmontcolorado.gov/home and search for “mental health first aid”.

Nature Play at Home Training for Family Child Care Providers
July 24, 6:00-7:30pm
Learn how to implement a naturalized outdoor learning environment in your own backyard. Gain hands-on knowledge of different play settings you can add to your outdoor spaces and easy ways to create a dynamic and engaging outdoor space. Receive a $200 implementation grant and a $75 travel/substitute stipend! To register: http://ezregister.com/events/25104/
**Preschool 3+ years**

**Material:** Large Outdoor Blocks

**ECERS:** 22. Blocks—7.3 Some block play available outdoors.

**ELDG:** Logic & Reasoning—2. Symbolic Representation: The use of symbols or objects to represent something else.

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**Toddler 12 mos-3 years**

**Material:** Wooden Box Car

**ITERS:** 20. Dramatic play—5.2 Props represent what children experience in every day life; 7.2 Props provided for toddlers to use active dramatic play outdoors.

**ELDG:** Cognitive Development—3. Imitation: The developing ability to mirror, repeat, and practice the actions of others, either immediately or later.

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**Materials Corner:** Exploring with natural materials

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**Sun Safety Is Different for Babies!**


You’re at the beach, slathered in sunscreen. Your 5-month-old baby is there, too. Should you put sunscreen on her? Not usually, according to Hari Cheryl Sachs, M.D., a pediatrician at the Food and Drug Administration (FDA).

“The best approach is to keep infants under 6 months out of the sun,” Sachs says, “and to particularly avoid exposure to the sun in the hours between 10 a.m. and 2 p.m., when ultraviolet (UV) rays are most intense.”

Sunscreens are recommended for children and adults. What makes babies so different?

“Babies’ skin is less mature compared to adults, and infants have a higher surface-area to body-weight ratio compared to older children and adults,” explains Sachs. “Both these factors mean that an infant’s exposure to the chemicals in sunscreens may be much greater, increasing the risk of side effects from the sunscreen.”

“The best protection is to keep your baby in the shade, if possible,” Sachs says. “If there’s no natural shade, create your own with an umbrella or the canopy of the stroller.”

“If there’s no way to keep an infant out of the sun, you should check with your pediatrician about what to do for your baby.”

*For the full article and Sun Safety Tips for Infants, visit the FDA.*

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**FCCRS:** See indicators for Blocks and Dramatic Play.
News

New Colorado Shines Quality Improvement 2018-2019 Grant Cohort

Welcome! The ECCBC Quality Improvement Team looks forward to working with the 2 Family Home Providers, 12 small Centers, and 8 large Centers that have joined this year’s quality improvement grant cohort. We like to keep in touch with a bimonthly newsletter that contains interesting articles, helpful updates and exciting opportunities. With every issue you’ll also find the most recent providers to receive a L3-5 quality rating and new suggestions in our Materials Corner, where we will post examples of quality learning materials and how they connect to the ERS tools (ITERS, ECERS, & FCCERS) and the Colorado Early Learning and Development Guidelines (ELDG).

Resources for Children & Families Experiencing Homelessness

Do you or your programs serve families experiencing homelessness? Child Care Aware of America developed a collection of local and national resources that can support you, and young children and families experiencing hardship. Learn more.

Looking to the Past to Shape Colorado’s Future: 30 Years of Progress for Young Children and Families

A new report that takes an expansive and in-depth look at the progress made in Colorado’s early childhood systems - as well as priorities for the work that remains. You can view the full report here.


Tuesday Nights from 6:30 pm to 8:30 pm
All are welcome. FREE for Providers with current MOU & Providers who have completed CCAP 101 Best Practices, $10 a session for all others.

The year’s Quality Nights series includes 7 individual training sessions to help early childhood providers recognize and support the quality of their program using the Colorado Shines standards. Quality Nights are also great opportunities to meet and learn from other professionals in our community.

Receive 2 clock hours for each session. Participants that attend 6 or more sessions also qualify for 2 additional points for the series when applying for an EC Professional Credential 2.0 on PDIS!

September 25, 2018
Investing in Family Relationships

October 23, 2018
Spotlight on Quality Staffing

Click here for detailed training descriptions, locations, and registration information and to download the flyer with dates and topics for all 7 sessions.
Materials Corner: Encouraging the use of Language

**Preschool 3+ years**

**Material:** The Mystery Box

**ECERS-R:** 17. Using language to develop reasoning skills—5.2 children encouraged to talk through or explain their reasoning when solving problems (ie guessing what is inside).

**ELDG:** Logic & Reasoning—I. Reasoning and Problem Solving: The ability to recognize, understand, and analyze a problem and draw on knowledge or experience to seek solutions to a problem.

**Infants/Toddlers birth-3 years**

**Material:** Sensory Beanbags

**ITERS-R:** 12. Helping children understand language—5.2 Staff talk is meaningful to children (EX. talk about things the children are feeling, doing or experiencing)...

**ELDG:** Cognitive Development — 5. Classification: The developing ability to group, sort, categorize, connect, and have expectations of objects and people according to their attributes.


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Ready for Success:
Quality Care, School-Readiness, and the Skills Young Children Need to Succeed

By Laura A. Jana, M.D.

An excerpt from an article to remind us that Early Childhood Educators play an important role in setting young children up for success. [Click here](http://communityplaythings.com) for the full article.

**One of the most commonly discussed concepts in the world of early childhood, the term “school-readiness” is definitely a hot topic. While it might seem to be a basic concept, understanding what children need to be prepared for school warrants a more in-depth discussion. The answer to why school-readiness is well worth paying close attention to is threefold:**

- **As the world around us is changing, so is the concept of school-readiness and the skills commonly used to define it.**
- **The science of early brain and child development now offers compelling new support (for anyone not already convinced) that the first five years are far more foundationally important than many people realize.**
- **Early educators are increasingly recognized as not just caring adults, but actual brain-builders who, through all of their everyday interactions with babies, toddlers, and preschoolers, play a lead role in setting young children up for success, not just in school, but in life.**

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VISIT US AT WWW.ECCBOULDERCOUNTY.ORG
**NEWS!**
From the Quality Improvement Program

**News**

**School and Child Care Immunization Data Reporting**

Colorado Board of Health rule 6 CCR 1009-2 requires most schools and licensed child care providers to report aggregate immunization and exemption data to the Colorado Department of Public Health and Environment annually. The 2018-2019 school year marks the third year of this reporting requirement. Reporting must be completed online at [www.coloradoimmunizations.com](http://www.coloradoimmunizations.com).

The deadline for data submission is December 1, 2018.

**Who must report:** Public, private and parochial schools with grades K-12, as well as child care centers, preschools and Head Start programs licensed by the Colorado Department of Human Services to provide care for 10 or more children.

**Who does not need to report:** School-age child care centers, family child care homes, drop-in centers, day treatment centers, foster care homes, day camps, resident camps and online only K - 12 schools. Please note, these facilities are still required to collect immunization or exemption forms for their students.

**2017-18 Market Rate Study**

Federal rule requires states to conduct a child care market rate survey every three years as a condition of receiving federal funding from the Child Care and Development Fund (CCDF). Market rate surveys help states establish child care subsidy rates that are high enough to allow low-income working families to enter the child care market and afford equal access to a range of care.

In Colorado, the Office of Early Childhood (OEC) in the Colorado Department of Human Services (CDHS) sets rates for child care subsidies paid out through the Colorado Child Care Assistance Program (CCCAP) across the state.

The results of this study provide vital information on the affordability of child care as well as an indication of how well the markets for that care are functioning. [Download and read the study here.](#)

**Quality Improvement Opportunities**

- **2019 Rocky Mountain Early Childhood Conference (RMECC)**
  March 1st and 2nd at the Sheraton Denver Downtown Hotel
  RMECC is one of the nation's premier conferences focused on promoting and advancing early childhood education. Online Registration launches this November—be sure to register early and take advantage of special savings with an early-bird discount!

- **Colorado Foundations**
  January 9, 16, 23, 30  February 6, 13, 20, 27
  March 6  **Snow Date: March 13**  6 - 8:30 pm
  This nine-module training series is unique in its ability to promote a shared understanding and common language of infant and early childhood mental health principles. Parents are welcome to attend too! [See flyer at the ECCBC Training Calendar here.](#)

*Receive professional development clock hours toward your Professional Credential 2.0.*
Art in Early Childhood: 
Curriculum Connections

By Jill Englebright Fox, Ph.D., and Stacey Berry, M.Ed.

An excerpt from an article about integrating art in early childhood curriculum. Click here for the full article at Early Childhood News.

Art has traditionally been an important part of early childhood programs. Friedrich Froebel, the father of kindergarten, believed that young children should be involved in both making their own art and enjoying the art of others. To Froebel, art activities were important, not because they allowed teachers to recognize children with unusual abilities, but because they encouraged each child's "full and all-sided development" (Froebel, 1826). More than a century later, early childhood teachers are still concerned with the "all-sided" development of each child. Our curriculum includes activities that will help children develop their cognitive, social, and motor abilities. As Froebel recognized, making art and enjoying the art of other people and cultures are very important to the development of the whole child. The purpose of this article is to discuss the importance of art in young children's learning and development and to describe elements of an art program within a developmentally appropriate early childhood curriculum.

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