## Provider

## Forum



## Bringing FLIP IT to you!

Presented by Laura Free, LSCW Early Childhood Mental Health Consultant, Kid Connects, Mental Health Partners.

Friday, April 28, 8:00am – 4:00pm

Boulder County St. Vrain Community Hub 515 Coffman Street, Longmont, CO 80501

CCAP and CCR&R Q&A opportunity available!

\*A light continental breakfast & coffee will be provided! Please be sure to bring your own lunch or you will have an opportunity to leave and pick something up during the one hour lunch break.

For information or questions: Please contact Emily Robbins at <u>erobbins@eccbouldercounty.org</u> or 303-895-3425

Preregistration required: Register online at goo.gl/Nn0cmB

\*Space is limited, so register early!

 ${}^*CCAP$  providers receive priority enrollment







## Training credit:

6.5 hr. social emotional development

FLIP IT is an evidencebased strategy that offers a simple, kind, strength-based, commonsense and effective four step process for day to day challenges and challenging behaviors from children.

The four steps are embodied in the FLIP IT mnemonic which stands for...

F - Feelings

L – Limits

I - Inquiries

P-Prompts

Learn how to help children become emotionally aware problem-solvers who develop healthy coping skills that will last a lifetime.



