



# Where Do I Start? Disability Specific Resources

Parents of children with disabilities frequently request information and support regarding a particular disability. Below is a list of Colorado disability specific organizations that offer resources, information and, in some cases, parent support groups.

We have also included major national organizations which may provide materials in Spanish, online forums or a list of support groups by state. *Please call P2P or visit our website for additional resources.*

## **P2P: Parent to Parent of Colorado, [p2p-co.org](http://p2p-co.org), 877-472-7201**

- One to one parent matching
- Website with additional disability specific resources and parent support groups
- Listserv linking parents throughout the state

### **Autism/Asperger Syndrome**

- Autism Society of Colorado, [autismcolorado.org](http://autismcolorado.org), 720-214-0794 or 866-733-0794
- Autism Society of Boulder County, [autismboulder.org](http://autismboulder.org), 720-272-8231
- Larimer County Autism Society, [autismlarimer.org](http://autismlarimer.org), 970-377-9640
- Pikes Peak Region, Autism Society of America, [asappr.org](http://asappr.org), 719-216-7175
- Autism Society of America, [autism-society.org](http://autism-society.org), 800-328-8476
- M.A.S.K. - Mother's of Asperger's Syndrome Kids, [hometown.aol.com/maskas99](http://hometown.aol.com/maskas99) (online forum)
- Online Asperger Syndrome Information & Support (O.A.S.I.S.) [aspergersyndrome.org](http://aspergersyndrome.org)

### **Brain Injury**

- Brain Injury Association of Colorado, [biacolorado.org](http://biacolorado.org), 800-955-2443
- Brain Injury Association of America, [biausa.org](http://biausa.org), 800-444-6443

### **Cerebral Palsy**

- Cerebral Palsy of Colorado, [cpco.org](http://cpco.org), 303-691-9339
- Cerebral Palsy Association of Colorado Springs, [cpappr.org](http://cpappr.org), 719-638-0808
- United Cerebral Palsy, [ucp.org](http://ucp.org), 800-872-5827

### **Chromosomal Disorders**

- The XYY Project, [xxyysyndrome.org](http://xxyysyndrome.org), 303-400-3456
- Chromosome Deletion Outreach, [chromodisorder.org/CDO](http://chromodisorder.org/CDO), 561-395-4252
- National Fragile X Foundation, [nfxf.org](http://nfxf.org), 800-688-8765

### **Down Syndrome**

- Colorado Springs Down Syndrome Association, [csdsa.org](http://csdsa.org), 719-633-1133
- Mile High Down Syndrome Association, [mhdsa.org](http://mhdsa.org), 303-797-1699
- National Down Syndrome Congress, [ndsccenter.org](http://ndsccenter.org), 800-232-6372

### **Epilepsy**

- Epilepsy Foundation of Colorado, [epilepsycolorado.org](http://epilepsycolorado.org), 303-377-9774 or 888-378-9779
- Epilepsy Foundation, [epilepsyfoundation.org](http://epilepsyfoundation.org), 800-332-1000

### **Fetal Alcohol Syndrome**

- NOFAS Colorado, [nofascolorado.org](http://nofascolorado.org), 303-692-2620
- National Organization on Fetal Alcohol Syndrome, [nofas.org](http://nofas.org), 800-666-6327

## **Hearing and Vision Impairments**

- Colorado Families for Hands and Voices, [handsandvoices.org/chapters/colo.htm](http://handsandvoices.org/chapters/colo.htm), 303-492-6283
- American Council of the Blind of Colorado, [acbco.org](http://acbco.org), 888-775-2221
- Anchor Center for Blind Children, [anchorcenter.org](http://anchorcenter.org), 303-377-9732
- Colorado School for the Deaf and Blind, [www.csdb.org](http://www.csdb.org), 719-578-2100
- National Federation of the Blind of Colorado, [nfbco.org](http://nfbco.org), 303-778-1130 or 800-401-4632

## **Infantile Scoliosis**

- Infantile Scoliosis Outreach Program (ISOP), [infantilescoliosis.org](http://infantilescoliosis.org), 303-691-9339 or 866-417-4873

## **Learning Disabilities/Dyslexia**

- Learning Disability Association of Colorado, [ldacolorado.com](http://ldacolorado.com), 303-894-0992
- LD Online, [ldonline.org](http://ldonline.org)
- National Center for Learning Disabilities, [nclcd.org](http://nclcd.org), 888-575-7373
- Rocky Mountain Branch of International Dyslexia Association, [dyslexia-rmbida.org](http://dyslexia-rmbida.org), 303-721-9425
- International Dyslexia Association, [interdys.org](http://interdys.org), 410-296-0232

## **Mental Health**

- Empower Colorado, [empowercolorado.com](http://empowercolorado.com), 866-213-4631
- Federation of Families for Children's Mental Health - Colorado, [coloradofederation.org](http://coloradofederation.org), 888-569-7500
- Mental Health America of Colorado, [mhacolorado.org](http://mhacolorado.org), 800-456-3249
- National Alliance for the Mentally Ill, Colorado, [namicolorado.org](http://namicolorado.org), 888-566-6264
- Depression and Bipolar Support Alliance, [dbsalliance.org](http://dbsalliance.org), 800-826-3632
- Child and Adolescent Bipolar Foundation, [bpkids.org](http://bpkids.org), 847-256-8525

## **Spina Bifida**

- Spina Bifida Association of Colorado, [coloradospinabifida.org](http://coloradospinabifida.org), 303-797-7870

## **Tourette Syndrome**

- Tourette Syndrome Association Rocky Mountain Region, [tsarmr@att.net](mailto:tsarmr@att.net), 720-212-7535
- Tourette Syndrome Association, [tsa-usa.org](http://tsa-usa.org), 718-224-2999

## **For information on additional specific disabilities, we recommend:**

- CHADD (Children & Adults w/ Attention Deficit/Hyperactivity Disorder), [chadd.org](http://chadd.org), 800-233-4050
- Muscular Dystrophy Parent Project, [parentdmd.org](http://parentdmd.org), 800-714-5437
- Parents of Premature Babies, [preemie-l.org](http://preemie-l.org)
- Sensory Processing Disorder Foundation, [spdnetwork.org](http://spdnetwork.org), 303-794-1182

## **For general information on disabilities from national organizations, we recommend:**

- MUMS National Parent-to-Parent Network, [netnet.net/mums](http://netnet.net/mums), 877-336-5333
- National Dissemination Center for Children with Disabilities (NICHCY), [nichcy.org](http://nichcy.org), 800-695-0285
- National Organization for Rare Disorders (NORD), [rarediseases.org](http://rarediseases.org), 800-999-6673 (voicemail only)

Other information sheets in this series:

Where Do I Start? Who Do I Call?  
(English and Spanish)

Available for downloading at [p2p-co.org](http://p2p-co.org)



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