

Centers for Disease Control “Learn the Signs, Act Early” Program

The Centers for Disease Control and Prevention's (CDC) “Learn the Signs, Act Early” program seeks to improve early identification of children with autism and other developmental disabilities.

The program recently released two new resources for parents:

- ✓ *Milestone Moments* - This 42 page booklet includes milestone checklists and tips to help parents support their child’s development from age 2 months to 5 years, and guidance about what to do if developmental concerns arise.
English - http://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/MilestoneMomentsEng508.pdf

- ✓ *Track Your Child’s Developmental Milestones* - This brochure includes a checklist of key milestones from 6 months to 4 years and a message for parents about the tracking their child’s milestones and what to do if developmental concerns arise.
English - http://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/TrackChildsDevMilestonesEng.pdf
Spanish - http://www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/TrackChildsDevMilestonesSpanish.pdf

Programs interested in using the brochure for public awareness activities can request customization by sending an email to ActEarly@cdc.gov and providing the local contact information and logos that should be included.